

🌞 April at CAFAG – Sunshine, Success and Community Spirit 🌞

As spring arrived and the sun began to shine, April brought with it a real sense of energy, colour and positivity at CAFAG. It has been a truly amazing month, filled with community events, achievements and moments that remind us why our work is so important.

### 🌞 Community Easter Egg Hunt & Craft Fair

We kicked off April with our Community Easter Egg Hunt and Craft Fair, and what a brilliant start to the month it was. The event was packed with fun, creativity and families enjoying time together. We were delighted to give out 115 Easter eggs to children who took part in the hunt, and we also raised over £800. Every penny raised will go straight back into supporting CAFAG and helping us continue to provide vital services for our community.

### ♥ Thank You to Our Staff & Volunteers

A huge thank you to everyone involved in making the Easter event such a success. Without the dedication, enthusiasm and hard work of our staff and volunteers, events like this simply wouldn't be possible. Your support and commitment mean so much to us.

### 📦 Thank You to Synectics

We were very grateful to receive a kind donation from Synectics following their Easter chocolate raffle. A huge thank you to everyone involved for thinking of CAFAG and supporting the work we do.

### 🏆 Making a Difference Awards

We are incredibly proud to share that both our staff and volunteers have been nominated for the BBC Radio Stoke "Make a Difference" Awards. These nominations recognise the dedication, care and commitment shown every day across the organisation, and we couldn't be prouder.

### 💡 Funding Successes & What's Coming Next

April has also brought some fantastic funding news:

- A small funding pot to renovate and improve the nursery/crèche garden
- Sport England funding to purchase new and replacement gym equipment and to launch new gym classes from June. Boxercise and Yoga classes will be available for anyone wanting to get fit and active over the summer

### 🌞 Looking Ahead

As we move further into spring and towards summer, we're excited about what lies ahead and grateful for the ongoing support of our community, partners, staff and volunteers. Thank you for being part of CAFAG and helping us continue to make a difference ♥

## IMPACT

### April 2026

- 28 new Gym Sign ups. 190 active gym members
- 15 attended the Brew Club
- 21 community members supported by our wellbeing service
- 127 attendees to free breakfast
- 55 attendees to lunch club
- 23 attending the walking group
- 22 amazing Volunteers supported CAFAG and the community in March



## NEW FITNESS CLASSES

www.cafagwvc.org.uk

### BOXERCISE CLASS

SPORT ENGLAND

Fridays 6:00-7:00PM term time only with *Kfitness*  
Starting from **Friday 12<sup>th</sup> June for 30 weeks**  
@ The Whitfield Valley Centre, ST6 6OR

OUR SERVICES

- CAFAG Gym Members
- FREE ENTRY
- or £3.00 per class
- 16+ years
- Bring own gloves/pads or spares provided

THANKS TO SPORT ENGLAND FUNDING

CAFAG

Boxercise Joining form @ Chell Area Family Action Group

Yoga Joining form

www.cafagwvc.org.uk

### BEGINNER YOGA FLOW

SPORT ENGLAND

Mondays 6:00-7:00PM term time only with *EmbodyRose*  
Starting from **Monday 8<sup>th</sup> June for 30 weeks**  
@ The Whitfield Valley Centre, ST6 6OR

OUR SERVICES

- CAFAG Gym Members
- FREE ENTRY
- or £3.00 per class
- 16+ years
- Bring own yoga mats or spares provided

THANKS TO SPORT ENGLAND FUNDING

CAFAG Embody Rose

## Regular EVENTS

Bringing people and communities together!



**Mondays** Lunch Club 12:30pm - 2pm

**Wednesdays** Free Breakfast 8am - 12pm

**Thursdays** Brew Crew - 10am - 11pm

Together we grow, together we thrive.